# Brain age prediction using machine learning techniques

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# Brain age problem

- Predict someone's age from quantitative brain data
- Understand the aging population
  - Neurodegenerative diseases
- Has been researched before
  - Not using the HCP dataset
  - Not using our dimensionality reduction technique
- Explainable model

# Human Connectome Project

- Government funded initiative
- Goal: map the brain's neural pathways
- Research divided between two consortiums
  - Washington University in Saint Louis, Minnesota University, and Oxford University consortium
  - Harvard/Massachusetts General Hospital and UCLA consortium
- Released data for public use
  - Behavioural dataset
  - Restricted data



### HCP Young Adults Behavioural Dataset

- Includes biometrics for the brain's regions (FreeSurfer data)
- 192 FreeSurfer variables:
  - 56 volume
  - 68 area
  - 68 thickness
- 1113 of the 1206 individuals have FreeSurfer data
- 4 age groups



#### Isoperimetric ratios

- Different ways to measure folding (gyrification)
  - Local gyrification index (LGI)
  - Isoperimetric quotients (IQs)
- Used isoperimetric ratios (IRs) instead of IQs
- The IR for a body of dimension n with boundary of area B (surface area) and volume V is  $B^n / V^{n-1}$ 
  - 3d region IR:  $SA^3/V^2$
  - 2d region IR:  $P^2/A$

#### Isoperimetric ratios

- Could not calculate the 3d IR to measure folding
  - Volumes could not be paired with areas
- Used 2d IR instead, but with thickness replacing perimeter
  - $T^2/A$
  - Isoperimetric type ratio (ITR)

#### Multivariable regression model

- Calculated a multivariable linear regression model with the FreeSurfer data and one with the IR data
- Used bootstrapping to construct confidence intervals for IR model
  - 2,000 bootstrap samples
  - Percentile confidence intervals
- IR linear model failed to preserve accuracy
  - Logistic model



Histogram of the coefficients of determination from bootstrap samples

### Logistic model

- Calculated logistic models for the isoperimetric data and FreeSurfer data, along with other combinations
- Evaluated the models using a validation set approach
  - 10,000 iterations
- ITRs preserved prediction accuracy



# Difficulty of the Problem

- Less metamorphic brain changes in young adults
- Missing full information about the brain regions
  - Could not pair volumes and surface areas
- Do not have the subjects' exact ages
  - Classification mistakes

# Further analysis performed

- Group analysis
- Linear discriminant analysis
- Uncertainty quantification
- Visualization

|      | 23.5       | 28         | 33         |
|------|------------|------------|------------|
| 23.5 | 0.15151515 | 0.65800866 | 0.19047619 |
| 28   | 0.11316872 | 0.56790123 | 0.31893004 |
| 33   | 0.08616188 | 0.58224543 | 0.33159269 |

Matrix results from linear discriminant analysis with predicted on vertical axis and "actual" on horizontal axis

# Conclusions

- Studied the brain age problem using the HCP Young Adult dataset
- Used biometrics of an individual to try to predict their age
- Estimated the variability of the coefficients of our prediction models via bootstrap
- Isoperimetric-type ratios provide an interpretable dimensionality reduction without sacrificing accuracy
- Future research
  - Regression problem with unrestricted data set
  - Brain imaging
  - Etc.

# Thank you for your attention!